

Curt Ryan Widhalm, M.A., M.S., LMFT

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QUALIFICATION SUMMARY

California Licensed Marriage and Family Therapist #47333
Licensed 06/22/2009

EDUCATION

Master of Science in Criminal Justice (Behavior Analysis Specialization)

St. Joseph University, Philadelphia, PA

Master of Arts in Clinical Psychology (emphasis in Marriage and Family Therapy)

Pepperdine University, Malibu, CA

Bachelor of Science in Psychology, Psychological Science option

Minor in Sociology, Montana State University, Bozeman, MT

EXPERIENCE HISTORY

Therapy Reimagined, Los Angeles, CA, October 2017-present

- Co-Founder
- Developing, marketing, and producing workshops and conferences
- Continuing Education management and oversight
- Consultation with individuals, teams, and organizations
- Co-hosting, producing, and editing *The Modern Therapist's Survival Guide* podcast, which receives 40,000+ downloads per month

California State University-Northridge, Northridge, CA, September 2020-2024

- Lecturer, Laws and Ethics in Counseling

Pepperdine University, Malibu, CA, September 2017-June 2021

- Adjunct faculty teaching Practicum, Pre-Practicum, and Careers, Systems, & Advocacy

Real Honest Therapy/Private Practice, West Los Angeles, CA & Encino, CA, October 2010-present

- Individual, couple, family and conjoint psychotherapy employing multiple models of treatments
- Specialize in working with adolescents, autism spectrum, and self-harm

California Board of Behavioral Sciences, Sacramento, CA, July 2016-June 2019

- Subject Matter Expert for California LMFT Law & Ethics Exam and Clinical Exam
- Wrote and reviewed questions for licensure exams

CANDDI, West Los Angeles, CA & Encino, CA, October 2010-June 2017

- Implement battery of assessments for treatment of Autism Spectrum Disorders -Conduct and implement behavioral assessments and treatments for children with special needs -Advocate for services with families at IEP meetings with school districts
- Psychoeducation and training presentations to professionals and paraprofessionals about autism, Asperger's Syndrome, ADHD, and other special needs with family relationship issues

Counseling Partners of Los Angeles, Pacific Palisades, CA, August 2016-June 2017 -Supervise 8 trainees and interns placed in elementary, junior high school, and high school settings -Teach Evidence-Based Treatments, theory development, and crisis management skills -Mentor therapeutic and intervention development

Outreach Concern, Santa Ana, CA, September 2011-June 2017

- Supervise 8-15 trainees and interns placed in elementary, junior high school, and high school settings -Teach Evidence-Based Treatments, theory development, and crisis management skills
- Mentor therapeutic and intervention development

Behavioral Therapist/Behavioral Supervisor, Focus on All Child Therapies, Los Angeles, CA, June 2007-October 2010, April 2015-June 2016

- Behavioral therapy intervention for children diagnosed with Autistic Spectrum Disorder, Asperger's Disorder, and behavioral issues in classroom, community, and home settings
- Instructed multiple social skills through group learning for ages ranging from 3-23
- Family therapy training to modify parenting strategies to families with special needs children
- Collaborate with other treatment professionals ensuring appropriate treatment goals
- Developed treatment plans, quarterly clinical assessments and documentation of client progress for cases with Los Angeles Unified School District and Westside Regional Center
- Oversaw behavioral therapist and teacher interventions in classroom and school settings -Initiated community mental health counseling clinic in 2009
- Conducted ADOS assessments to diagnose Autism Spectrum Disorders and measure progress
- Use of Applied Behavior Analysis, Natural Environment Teaching, and other evidence based treatments.

Counselor, Bay Area Addiction Research & Treatment, Los Angeles, CA, January 2006-August 2007 -Opiate addiction counseling through motivational and cognitive behavioral therapies.

- Developed treatment plans, annual clinical assessments, and document client progress. -Referred clients to adjunctive resources to further client recovery.
- Managed case load of 40+ clients
- Charted case notes and treatment plans according to DMH & Medi-Cal standards

VOLUNTEER AND PROFESSIONAL ORGANIZATION EXPERIENCE

Member of California Association of Marriage & Family Therapists

- CAMFT Ethics Committee 2020-present, Chair 2024-present
- State CAMFT Chief Financial Officer 2017-2020
- State CAMFT Board of Directors Member at Large 2016-2017
- Legislative Committee, 2019-present
- Bylaws Committee Chair, 2017-2019, 2023-2024
- Finance Committee Chair 2017-2020

- CAMFT Certified Supervisor, 2015-present
- Political Action Committee Member, 2012-2013
- Member 2006-present (Life Member)

Member of San Fernando Valley Chapter of California Association of Marriage & Family Therapists

- Past-President-2016
- President, 2014-2015
- President Elect, 2013
- Chief Financial Officer, 2010-2013
- Chapter member 2006-present (Life Member)

Member of MFT Consortium of Greater Los Angeles 2014-present

Board of Behavioral Sciences Subject Matter Expert 2015-2019

Trained in EMDR, EMDRIA 2016-present, EMDRIA Certified 2018-present, EMDRIA Approved Consultant 2023-present

NOTABLE PRESENTATIONS

- 06/14/2024: *Trauma Informed Workplaces* with Katie Vernoy, Barrio Action, Los Angeles, CA
- 03/17/2024: *Defining Legal and Ethical Issues for Therapists in a Changing California*, Los Angeles CAMFT, Virtual
- 03/19/2023: *Law and Ethics: A week in the life of a Los Angeles Therapist*, Los Angeles CAMFT, Virtual
- 10/08/2021: *Suicide Assessment, Intervention, and Prevention*, Southwest Riverside CAMFT, Temecula, CA
- 03/21/2021: *Law and Ethics: A week in the life of a COVID Therapist*, Los Angeles, CAMFT, Virtual
- 11/15/2020: *Suicide Assessment, Intervention, and Prevention*, Los Angeles CAMFT, Virtual
- 09/24/2020: *Irrational Ethics, Therapy Reimagined Conference*, Virtual Conference
- 02/13/2020: *Systemic Self-Care* with Katie Vernoy, Couples in Connection Conference, Kauai, HI
- 10/06/2018: *The Modern Therapist's Survival Guide* with Katie Vernoy, Therapy Reimagined Conference, Los Angeles, CA
- 05/18/2018: *The Brand Called You: Legal and Ethical Issues in Building a Personal Brand* with Katie Vernoy, Los Angeles, CA
- 08/08/2017: *EMDR & Eating Disorders* at Rosewood Santa Monica, Santa Monica, CA
- 06/19/2017: *EMDR & Eating Disorders* at Valley Federation of Eating Disorders, Encino, CA
- 10/14/2016: *Supervision in Private Practice: Legal and Ethical Approaches*, Torrance, CA
- 03/12/2016: *Supervision in Private Practice: Legal and Ethical Approaches*, Encino, CA
- 07/22/2015: *Supervision in Private Practice: Legal and Ethical Approaches*, Encino, CA
- 02/06/2014: *Mindful Approaches to Bullying* with Jon Pease at Brainstorm: Navigating the Power and Purpose of the Teenage Brain Conference, Los Angeles, CA
- 06/14/2013: *The Bullying Cycle and Interventions for Clinicians* with Jon Pease at Long Beach South Bay Chapter of CAMFT, Torrance, CA
- 05/17/2013: *Aspies in Love* at CAMFT Annual Conference, Sacramento, CA
- 10/26/2012: *Stop Bullying in its tracks* with Jon Pease at Los Angeles Chapter of CAMFT, Los Angeles, CA